



MAHATMA GANDHI INSTITUTE OF MEDICAL SCIENCES, SEVAGRAM

IECD Module 1 Training

Date: 15 Sep-29 Oct 2020

Organizing Secretary/ coordinator: Dr. Abhishek Raut

Number of delegates: 29

Key topics:

1. Introduction of Early Childhood Development (ECD) to Anganwadi workers.
2. Importance of Growth and Nutrition in holistic development of children.
3. To reinforce the importance of ECD in 0 -3 years.
4. To work with families in supporting Early Childhood Development.
5. Teaching developmental milestones of children in 0 – 3 yrs.
6. Introduction to disabilities

Key resource persons:

- Ummeed Child Development Center, Mumbai – Dr. Vibha Krishnamurthy, Dr. Ashwini Vaishampayan, Dr. Namrata Edwards, Dr. Aditi Bramhabhatt, Dr. Priya Jacobs, Dr. Malvika

Funding agencies: Porticus

REPORT

In the midst of the COVID pandemic, we have witnessed a paradigm shift in the way trainings had to be conducted. Online mode of training was used for the first time ever to train the ICDS Anganwadi workers. MGIMS field coordinators made sure that all our trainees had Zoom App installed in their smartphones and gave them individual support for using the same. The resource persons from Ummeed Child Development Center conducted the training from Mumbai and MGIMS staff as well as AWWs attended the training from their homes at Wardha.

This was the 1st training of the Porticus Inclusive Early Childhood Development Project which started in July 2020. Formal introductions of the trainees and resource persons were made on the first day followed by discussion of the components of the Nurturing care framework.

Day 2 started with introduction to Early Childhood Development (ECD) and Importance of early years including the protective and risk factors for child development. Further on following topics were discussed as the training unfolded:

- developmental milestones – language, motor, socio-emotional, play and self-help were discussed in detail with the help of videos and activities. On Day 4 AWWs were trained in the strategies to support ECD in a stepwise manner.
- How to support ECD and steps to support ECD. Activities and games to reinforce the importance of ECD. Videos about the same were shown.
- Importance of play. Videos were shown and group activities were conducted. Age-appropriate play opportunities and toys were discussed.
- Nutrition and complementary feeding. Responsive feeding.
- pointers to work with families in order to enable them to support ECD of children.
- Introduction to LAL card (Look, Ask and Listen card). Video to demonstrate asking open ended questions. In depth discussion about the questions in the LAL card. Steps of a structured home visit. Recommendation using Activity booklet and the LAL card.
- Home-visit video demonstration and pre- preparation for Home-visit. Home – work given to practice 2 LAL visits. Review and feedback about the home-work. Challenges faced during LAL visits were discussed.
- Documentation of the Home-visits and valedictory function of the training.

As the training progressed trainers as well as trainees became comfortable with this mode of teaching and learning.

